

JEANNIE A. MOLATO, DMD INC.
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POST OPERATIVE INSTRUCTION FOR DENTURES AND PARTIALS

DENTURES AND PARTIAL:

1. Use your new denture or partial all the time except at bedtime. It usually takes 2-3 weeks of continuous use for a patient to get used to any new prosthesis.
2. In the event that you get sore spots on your gums, please do not wait for it to heal before you come to us for adjustments. We mark down the sore spot and transfer it to your denture or partial so we could accurately adjust them.
3. You may require several visits of adjustments before the fit could get comfortable. So, we ask you to BE PATIENCE until we can get you to wear your prosthesis comfortably. Please bear in mind that getting used to wearing a full lower denture is a bigger challenge because of the presence of the tongue and most of the time a flat ridge (not enough bone) on the lower jaw.
4. We advise that you clean your denture or partial with dishwashing soap to eliminate grease from food. You can also soak your prosthesis occasionally in water with a small drop of bleach overnight to disinfect it. Make sure to wash it thoroughly with soap and water before using them again.
5. Never use your denture/partial at bedtime. Soak them in water with POLYDENT overnight.
6. Never attempt to boil your denture/partial since this will damage them permanently
7. Please come yearly for check up. It is important that we check your gums for any lesions and to maintain the good fit of your prosthesis all the time since ill fitting prosthesis could cause the patient to loose bone supporting the prosthesis rapidly.
8. Please reline your denture or partial yearly to ensure good fit.
9. We recommend that you replace your prosthesis every 5 years since denture teeth get abraded and changes in the supporting bone and facial feature do occur.
10. In the event that a tooth comes off, the denture or partial or denture base breaks, DO NOT ATTEMPT to use any commercially available glue (such as super blue) to reattach broken pieces together since this maybe toxic when ingested. Please come to the office for any repair procedure.

If you have any questions about these instruction, please call our office at (818) 988-8184.